



Phone: 441-704-2630
Email: eat@plantbasedfuelbda.com

Buffet Style Catering Menu

Price for 10 people

Pastas & Rice:

- 1. Vegetable Fried Rice**
Vegan Sausage/Coconut Milk/Soy Sauce/Scallions **\$70**
- 2. Peas & Rice \$65**
Black Eye Peas/Long Grain Rice
- 3. Cauliflower & Lentil Tikka \$85**
Basmati Rice
- 4. Portobello Mushroom Rice \$75**
Long Grain Rice/Portobello Mushrooms/Green Peas/Coconut milk/Soy Sauce
- 5. Broccoli & Cheddar Pasta \$85**
Gluten-free Bow Tie Pasta/Roasted Cherry Tomatoes
- 6. Pasta & Meat Sauce \$90**
Gluten-free Penne Pasta/Walnut & Mushroom Meat Sauce
- 7. Mac & Cheese \$85**
Gluten-free Macaroni Pasta/Toasted Gluten-free Breadcrumbs

Salads:

- 1. Tropical Salad \$58**
Mixed Greens/Cherry Tomatoes/Cucumber/Quinoa/Toasted Coconut Slices/Purple Cabbage/Fresh Strawberries & Blueberries/Sweet Chili Dressing
- 2. Middle Eastern Salad \$58**
Mixed Greens/Sun-dried Tomatoes/Cucumber/Cous Cous/Green Cabbage/Toasted Almonds/Grated Carrots/Kalamata Olives/Vegan Feta Cheese/Tikka Masala Dressing
- 3. Burrito Salad \$60**
Mixed Greens/Black Beans/Whole Grain Rice/Tomato Mango Salsa/Roasted Corn/Plantain Chips/Chimichurri Dressing
- 4. Mediterranean Pasta Salad \$70**
Gluten-free Bow Tie Pasta/Cucumber/Sundried Tomatoes/Arugula/Red Peppers/Red Onion/Grated Carrots/Green Olives/Vegan Feta Cheese/Mixed Herb Vinaigrette



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Burgers & Sandwiches:

- 1. Handmade Bean Burgers (Black, Black Eye Pea OR Red Bean) \$135**
Homemade Bun/Lettuce/Tomato/Special Mayo
- 2. Roasted Chickpea (egg) Sandwich \$125**
Whole Wheat Bread/Shredded Purple Cabbage
- 3. BBQ Jackfruit Sandwich \$135**
Whole Wheat Bread/Lettuce/Tomato/Pickles
- 4. Fried Oyster Mushroom (chicken) Sandwich (Special Order 1 week notice minimum) \$150**
Whole Wheat Bread/Garlic Herb Mayo/Lettuce Tomato

Sides:

- 1. Roasted Mixed Veggies \$60**
BBQ Sauce
- 2. Baked Potato Wedges \$45**
Special Dip
- 3. Coleslaw Or Pickled Cabbage \$57**

Desserts:

- 1. Cupcakes (Mango, Apple, Blueberry, Chocolate, Pineapple Coconut, Carrot, Strawberry, Corn, Banana, Vanilla) \$39 Dozen**
Homemade Icing
- 2. Whole Cakes (Pineapple Coconut, Blueberry, Chocolate, Vanilla, Strawberry OR Carrot) \$90**
Homemade Icing
- 3. Gingerbread Whole Loaf \$31.75**
- 4. Banana Bread \$35**